Dunstable Council on Aging
January 14, 2026
Grange Hall, Town Hall Lower Level
Minutes

1. Meeting called to order at 9:20 AM. Present: Ron Mayer, Mary Dow, Barbara Martin, Joan Simmons, Chuck Raffoni, Jean Haight. The minutes of the December 2025 COA meeting were reviewed and accepted.
2. Salt Delivery Program: The Highway Department has run out of buckets. Mike Martin has purchased additional buckets but would like seniors to return any empty buckets to the Highway Department. Road Commission had originally asked the COA to pay for them, but they are now all set. Seniors can bring them to the Wednesday lunch or Town Hall.
3. Birthday Cards: Some are ready at Swallow Union School; Barbara will pick them up. The FloRo school has not responded well, some issues with students resistant to doing them. Other ideas: have families make cards, use the Y summer program, or make them at the Library during February vacation. (Jean will check out the Library possibility.
4. Peacock Players (Kid's Theatre in Nashua): The program in May will be "All Shook Up", with a matinee performance on May 16th at 2 PM. Tickets will be $15.00. We will explore combining this with a lunch somewhere nearby. Suggestions were made to have the participants pay part of the ticket price, this will be determined at a later meeting.
5. Donation received to the COA from John Crandall, Jean will send a card of thanks.
6. Age Span Grant:
    a. Sound Bowl – March 8th at Town Hall, 2 PM.
    b. Barre Fusion- rename it to encourage more participants?
    c. Chair Massage- scheduled for January 28th, still time to sign up.
7. Discussion about the use of the Community Room in the Library: Bone Builders would like to have another session on Monday. COA has voted to not have another class on Monday that would conflict with Barre Fusion. Bone Builders have had the opportunity to move their sessions to the Town Hall, but this has been refused.
8. Groton Music Hall Excursion: March 18, 2026, with Fire Department providing brunch as was done in April of 2025.
9. February Lunches: 2/4-Library serving, 2/11- Enchiladas by Traveling Chef, 2/18- Piza, salad and dessert, 2/25- Chicken Tenders, broccoli, rice and pudding by Age Span.

10. Age Span: Molly from Age Span will be coming to talk about the services available from Age Span. The talk will follow lunch and take about 30-45 minutes depending on questions.
11. Transportation: Pepperell has a grant that includes Dunstable, we need a driver!
12. Americorp: This organization has a senior volunteer program and we could use this for transportation. Currently, the volunteers are maxed out, but we may be able to use them as a backup.
13. Containers: we will no longer be taking back plastic containers to send home leftovers. The group chose two different types of containers for this purpose. Chuck will order.
14. Tyngsboro: is offering a Community Workshop Series ; poster was added to the Senior Bulletin Board.
15. Next meeting is February 11th. Meeting adjourned at 10:45.

Submitted by Jean Haight, COA Secretary